

Notice to All Students Regarding Measures for the 2020 Academic Year to Prevent COVID-19 Infection

Amidst the global spread of the novel coronavirus (COVID-19), the number of infected in Japan has remained relatively low to date, but in some areas of the country the number of infected persons is rising and there is a possibility that a major outbreak could occur somewhere.

The Ministry of Education, Culture, Sports, Science and Technology (MEXT) has advised universities that when classes begin they must implement policies to avoid any situation where the following three factors are present: (1) closed spaces with poor air circulation, (2) many people gathering in one place, (3) conversations and speaking at close distances. Universities must also implement thorough measures to prevent the spread of infection.

In response to this the University of Miyazaki is taking the measures listed below for the new 2020 academic year, and we ask that each student carefully read and understand the content.

1. Health Management

We are asking each student to measure his or her temperature every morning. In a case where your temperature is above 37.5 degrees Celsius, please contact the Student Serviced Section of your faculty and please remain in your place of residence and monitor your condition. If you have a fever and other symptoms that require medical attention, please follow the procedures in “Attachment 1.”

(Note: If you are living alone in a dormitory or apartment outside of your parent or guardian’s home, please purchase a thermometer.)

2. Student Orientation and Health Check

The student orientation (for new and current students) and the health check will be held on the originally scheduled dates. For more details on the student orientation, see “Attachment 2: (1) Measures for Implementing the Student Orientation.”

3. Classes

Plans call for classes to be implemented according to “Attachment 2: (2) Measures for Implementing Classes,” but more details will be provided during the orientation.

4. Requests Regarding Days Off and Holidays

On days off from classes and holidays, we ask that students act to minimize their risk of infection and continue to check their temperature, in line with the information provided in “Attachment 2: (3) Ways to Spend Holidays.”

5. On-campus Activities

Please be sure to wash your hands regularly and follow proper etiquette when coughing. Also note that all extracurricular activities, banquets, and parties are cancelled until the end of April. Details regarding this can be found in “Attachment 2: (4) On-campus Activities.”

6. Refrain from Travel During “Golden Week”

During the “Golden Week” holiday (late April to early May), we ask that students limit their movement to within Miyazaki Prefecture, avoid places where large numbers of people congregate, refrain from returning to their home outside the prefecture or taking any overseas trips.

Tsuyomu Ikenoue
University of Miyazaki, President
COVID-19 Crisis Response Headquarters, Chair

March 23, 2020

Urgent Notice for Students Policy 3 for COVID-19 Infection Prevention: Restriction of Campus Access to Students in Some Cases

The number of novel coronavirus (COVID-19) infections in Japan has been steadily rising in Japan amidst the global pandemic. In order to prevent the spread of infection at the University of Miyazaki, we are restricting access to campus to students in the cases listed below.

For details on this measure, please consult the attachment: “COVID-19: Criteria for Students to Come to Campus.” If one of the three cases listed below are applicable a student’s situation, he or she should contact the Student Serviced Section of his or her faculty and stay at home. Please follow the procedures listed in the attachment in order to prevent the spread of infection.

Based on the recommendations issued on March 5 by the chairperson of the Japan Association of National Universities, we are also asking students to take actions that minimize the risk of infection, while also limiting their movement as much as possible, including refraining from trips overseas or outside the prefecture

DETAILS

Three Cases for Students to Stay Off Campus

Case 1: Returned from one of the countries or regions designated by the university or had close contact with a person infected with COVID-19

Case 2: Have a temperature of 37.5 degrees Celsius or higher, feel lethargic, and have a cough or difficulty breathing

Case 3: Have a temperature of 37.5 degrees Celsius or higher, mild nasal discharge, and a sore throat

Period for Staying Off Campus

Case 1: Two weeks spent at home (without coming to campus) [Special exemption from class]

Case 2: Stay at home (without coming to campus) [Special exemption from class]

Case 3: Stay at home (without coming to campus for up to 4 days) [Special exemption from class]

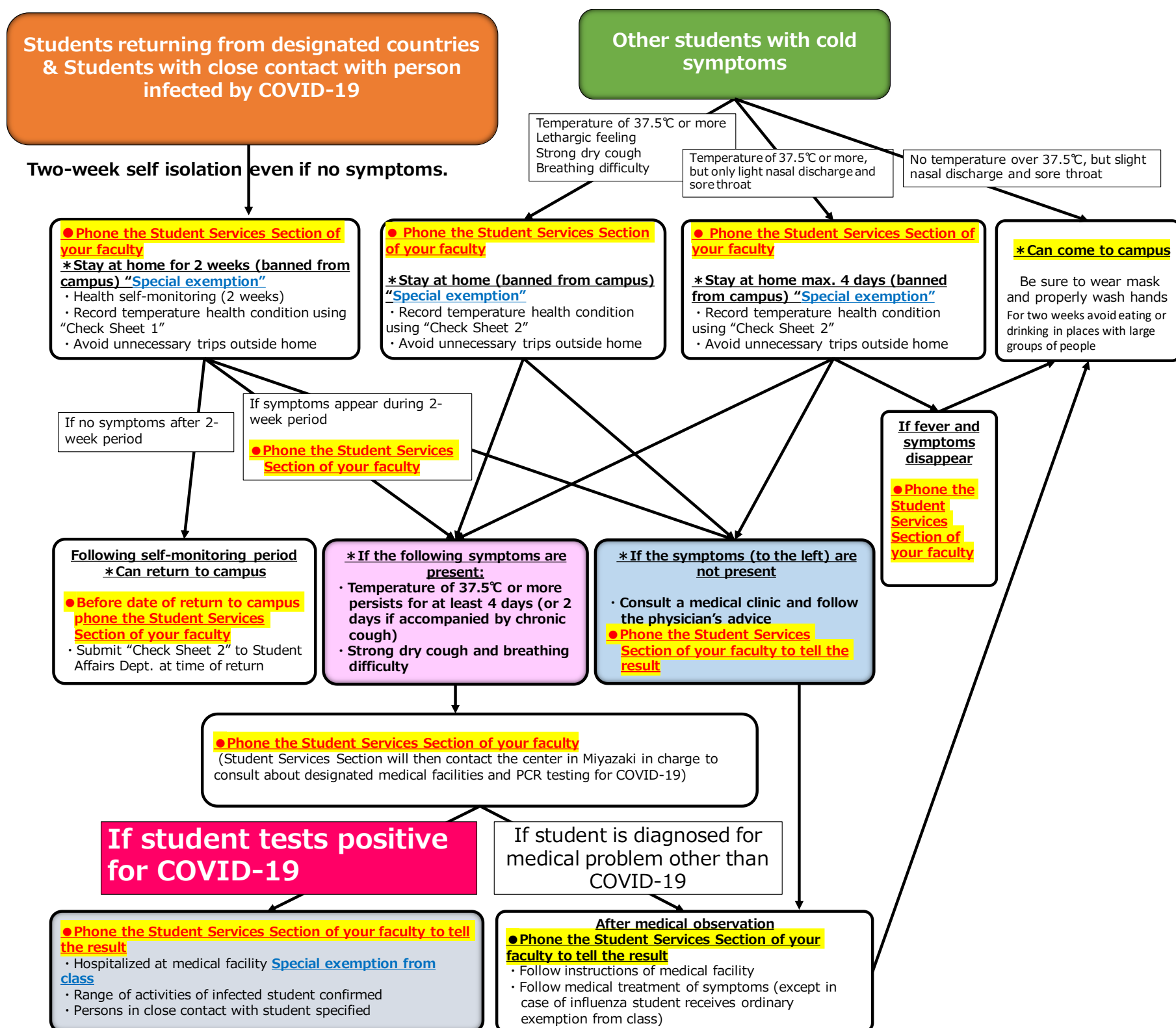
* If a student is confirmed to have contracted COVID-19, he or she will have special exemption from class.

[Student should contact the Student Serviced Section of his or her faculty, which will then report to the dean, who will then pass along the information to the Student Affairs Dept., which will finally report to the Health Care and Safety Center.

Tatsuro Shinchi
Vice President (Educational Student Affairs)
University of Miyazaki

Attachment Flow Chart for Determining if Student Is Allowed on Campus (Related to COVID-19)

If any of the cases below apply to a student at UoM, the student should consult with his or her faculty



Designated health centers and public institutions certify whether a person has been in "close contact" with a COVID-19 infected person

* A student who is certified by the relevant authority to have been in "close contact" with a COVID-19 patient must inform immediately the Student Services Section of his or her faculty

(A person in close contact is someone who has had extended contact with a person infected by COVID-19 without wearing a mask or other protection)

* Dormitory students should remain in dormitory, but the place within the dormitory where they must stay will be indicated based on discussions between the Student Affairs Dept. and the Health Care and Safety Center.

* The Student Services Section that is contacted will report to the Student Affairs Dept., which will compile a report from all of the faculties to submit to the Health Care and Safety Center

Check Sheet 1: Health Self-monitoring (two weeks)

Faculty/Department:	Name:
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Day	Day/Month	Time to measure temperature	Temperature	Physical condition				Record of trips outside home	Other points to note
				Lethargic feeling	Breathing trouble	Cough	Abnormal sense of taste/smell		
1st day	/	:	°C	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None		
				<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little		
				<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much		
2nd day	/	:	°C	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None		
				<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little		
				<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much		
3rd day	/	:	°C	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None		
				<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little		
				<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much		
4th day	/	:	°C	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None		
				<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little		
				<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much		
5th day	/	:	°C	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None		
				<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little		
				<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much		
6th day	/	:	°C	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None		
				<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little		
				<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much		
7th day	/	:	°C	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None		
				<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little		
				<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much		
8th day	/	:	°C	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None		
				<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little		
				<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much		
9th day	/	:	°C	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None		
				<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little		
				<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much		
10th day	/	:	°C	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None		
				<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little		
				<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much		
11th day	/	:	°C	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None		
				<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little		
				<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much		
12th day	/	:	°C	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None		
				<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little		
				<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much		
13th day	/	:	°C	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None		
				<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little		
				<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much		
14th day	/	:	°C	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None		
				<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little		
				<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much		
15th day	<p>In case of there are no symptoms during Health Self-monitoring period (14 days), please submit this check sheet to Academic affairs & Student Services Section you brlonging.</p>								

*** If you have any of the following symptoms, please contact the Academic affairs & Student Services Section immediately by telephone.**
○ Fever of 37.5°C or higher ○ Strong lethargy ○ Terrible cough ○ Breathing trouble ○ Abnormal sense of taste/smell

※ Please list in the "Record of trips outside home" column any cases where you left your home or people you met during the health self-monitoring period.

Check Sheet 2: Health Self-monitoring in Case of Fever

				Faculty/Department:		Name:			
Day	Day of month/Month	Time to measure temperature	Temperature	Physical condition				Record of trips outside home	Other points to note
				Lethargic feeling	Breathing trouble	Cough	Abnormal sense of taste/smell		
1st day	/	:	°C	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None		
				<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little		
				<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much		
2nd day	/	:	°C	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None		
				<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little		
				<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much		
3rd day	/	:	°C	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None		
				<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little		
				<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much		
4th day	/	:	°C	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None	<input type="checkbox"/> None		
				<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little	<input type="checkbox"/> A little		
				<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much	<input type="checkbox"/> Very much		
5th day	If a fever of 37.5°C or higher continues for 4 or more days along with strong lethargy, breathing trouble, and abnormal sense of taste/smell, please contact the Student Services Section of your faculty immediately.								

※Please list in the "Record of trips outside home" column any cases where you left your home or people you met during the health self-monitoring pe

1. Measures for Implementing the Student Orientation.”
 - a. Orientation carried out on a small scale for each faculty department etc.
 - b. Doors and windows of rooms will be open to adequately circulate the air.
 - c. At the beginning of the orientation, the person in charge will confirm that none of the students has a persistent cough or fever.
 - d. If a student is present with a persistent cough or fever, the student will be told to return home and monitor his or her health condition.

2. Measures for Implementing Classes
 - a. Every time a class is held, the instructor will confirm that no students have a persistent cough or fever. If a student is not feeling well, the instructor can, at his or her discretion, give the student a “special exemption” from class so that the student can monitor his or her own health at home. In a case where the instructor is not sure whether to grant such exemption, the student should visit the Health Care and Safety Center for a consultation to determine whether or not the student should self-monitor at home.
 - b. Any student returning from a country with a Level 2 danger level according to the Ministry of Foreign Affairs (as of March 31, all countries in the world are at least Level 2) or a student who has been in close contact with someone infected with COVID-19, must not come to campus for two weeks (for those returning from trips the two-week period begins from the time they enter Miyazaki), and the student’s faculty advisor will regularly monitor the student’s condition. (During this time the student will have a special exemption from attending class.)
 - c. Doors and windows of classrooms will be open to adequately circulate the air.
 - d. Instructors, in principle, should wear a mask when conducting a class.
 - e. In the classroom, students should sit at least 3 meters away from the instructor. Students should also be sitting at least an arm’s length away from each other. In a case where a classroom is too crowded for students to be able to sit at arm’s length, the following three measures should be taken to avoid the combination of the following three situations : (1) Closed spaces with poor air circulation, (2) many people in a crowded space, (3) conversations and speaking at close proximity.
 - f. Efforts will be made in each faculty and department to be aware of where students are sitting in classrooms through such measures as assigning seats.
 - g. Other measures may be taken in addition to those above (a. – f.) if deemed necessary by the faculty or department depending on its situation.

3. Ways to Spend Holidays—On days when they do not have classes, we ask students to follow the guidelines below
 - a. On days when students do not have classes, they should still check their temperature every morning. If they have a temperature of 37.5 degrees Celsius or higher they should phone

the 教務・学生担当係 of their faculty on the following weekday and monitor their health at home according to the guidelines in “Attachment 1.” Please refrain from club activities and other extracurricular activities and events involving many people such as banquets and parties.

- b. Please refrain traveling outside of Miyazaki Prefecture, including trips taken to visit your hometown or overseas trips.

4. On-campus Activities.”

- a. Students should be sure to wash their hands regularly and follow proper etiquette when coughing (“Attachment 3”). All extracurricular activities, banquets, and parties are canceled until the end of April. However, outdoor activities in which students are not in contact and maintain a certain distance from each other may be allowed.

* Outdoor activities involving direct contact or indirect contact through equipment are not allowed.

* Running and other activities in which a person is close enough to come into contact with exhaled breath are not allowed.

* In rooms used for club activities and changing rooms, efforts should be made to avoid the combination of the following three situations : (1) Closed spaces with poor air circulation, (2) many people in a crowded space, (3) conversations and speaking at close proximity.

*A decision will be announced in late April whether these measures will be continued from May, depending on the situation at the time.

- b. In order to avoid crowding in the cafeteria, adjustments will be made in the length of classes and times allotted for students according to faculty. We are also asking for students to refrain from conversations as much as possible in the cafeteria.
- c. If students bring a lunch to the classroom or lab, they should not eat while facing other students. Also, they should refrain from conversations while eating as much as possible. There may be cases where faculties or departments forbid students from eating in the classroom or lab, so students should follow such rules.
- d. If students participate in a tournament or other event for an extracurricular activity, they must submit a request to the Student Affairs Dept. through their faculty advisor. The faculty advisor (or dean) is asked to be aware of the student’s movement on the way to and from the event. The student may be asked to refrain from participating in an event depending on the COVID-19 infection situation for the area where it is being held

5. Refraining from Travel During the “Golden Week” Holiday

Based on the recommendations issued on March 5 by the chairperson of the Japan Association of National Universities (“Attachment 4”), we are asking students to minimize their risk of infection by being careful to avoid the combination of three conditions: (1) Closed spaces with poor air circulation, (2) many people in a crowded space, (3) conversations and speaking at close proximity; and that students also limit their movement during the holiday to within Miyazaki Prefecture, including refraining from trips to their hometowns or to other countries.